



The VetSET program is committed to supporting Service members, Veterans and Families.

Since 9/11 there have been more than 904,000 members of the guard and reserve activated to support the war on terrorism.

As our veterans return home, Public Health Solutions is working in your community to:

- Develop strategies and give insight into networking and partnering in order to fill service gaps
- Assist veterans and their families, as they transition into their jobs, schools and communities
- Address common challenges and provide ideas about creating partnerships in the community to assist with topics to include: employment, education, well-being of Service members, Veterans and Families

Join Public Health Solutions, as we bring together small businesses, Veterans, elected officials, community leaders, non-profits and State government agencies, and faith-based organizations.

Views from the Home Front: Greatest Challenges

- I took on more responsibilities at home **82%**
- I helped my child deal with life without the deployed parent **80%**
- I spent more time with my child on homework **52%**
- I felt like I had no one to talk to about my stress or sadness **49%**
- I lost contact with other military families **29%**

Troops Report Barriers to Seeking Care

- The medications could have too many side effects **it could harm my career**
- I could be denied a security clearance **My family and friends would be more helpful than a mental health professional**
- My coworkers would have less confidence in me **I don't think my treatment would be kept confidential**
- My commander or supervisor might respect me less **My friends and family would respect me less**
- I could lose contact with or custody of my children **My commander or supervisor asked us not to get treatment**

Source: www.defense.gov





A RURAL VETERAN COORDINATION PILOT PROJECT

For more information contact:

jkuzelka@phsneb.org or 402-826-3880



Public Health
Solutions

Our Mission

To prevent disease and injury, promote wellness, and protect the personal, community and environmental health of all people in Fillmore, Gage, Jefferson, Saline and Thayer counties in southeast Nebraska.

Working in our communities to:

- Strengthen families
- Ensure access to care
- Promoting Healthy lifestyles and preventive services
- Supporting access to Behavioral Health services
- Increase capacity for communities to respond to the needs of our veterans and their families

If we can assist you call, 402-826-3880 or visit www.phsneb.org