



Public Health
Solutions

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Public Health Solutions

Board of Health Biographies

Name: **Stephanie Knight** County you represent: **Fillmore**

Current professional licenses, if any: LIMHP, PLADC

Brief professional/occupational background: I have worked in the mental health field for 16 years. I graduated from UNL and obtained my masters in counseling from Doane College. I have always felt a calling to serve those who haven't found their voice yet. I grew up in rural Nebraska and wanted to raise my family and serve in the rural setting. I currently am the Director of Behavioral Health at Fillmore County Hospital.

Notable awards/recognitions:

Other ways you serve your community or profession: I serve on this board, as a member of the Behavioral Health Advisory Committee, as Part of the Nebraska Association of Behavioral Health organizations, and for Geneva Rotary. I supervise a number of provisionally licensed therapists helping them develop skills and professional insight as well as serving as a support system and present about mental health topics across the state of Nebraska.

Basic Personal Information: (children, interests, hobbies)

I have been married for 10 years this year and have 2 daughters, one 5 and the oldest 8 years old. They are my interests and hobbies most of the time! We do enjoy traveling, camping, swimming and doing puzzles together when we have spare time.

Statement on why you chose to be on our Board of Health: It is an honor to be able to serve on the board of health assisting these other wonderful people who are making a difference to those in the communities we serve. I hope to serve my peers to the best of my ability keeping the whole person's health in mind and finding new and better ways to improve the places we work, live, and play so that every person has an equal opportunity to become their best self.

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Serving Fillmore, Gage, Jefferson, Saline and Thayer Counties